

A scenic landscape featuring a calm lake reflecting the surrounding mountains and a foreground of colorful, smooth stones. The water is still, creating a clear reflection of the sky and the rugged, snow-capped peaks of the mountains. The foreground is dominated by a dense collection of smooth, rounded stones in various colors, including shades of red, orange, yellow, green, blue, and purple. The overall atmosphere is serene and majestic.

The Advocate of Truth



TABLE OF CONTENTS

PAGE

Speaking In Tongues A Sign 3-4

Seven Facts About Angels 4-5

The Mercies Of God 5-7

Submitting To Authority 8-10

Young Adults Retreat Information 11

The Children's Pages 12-14

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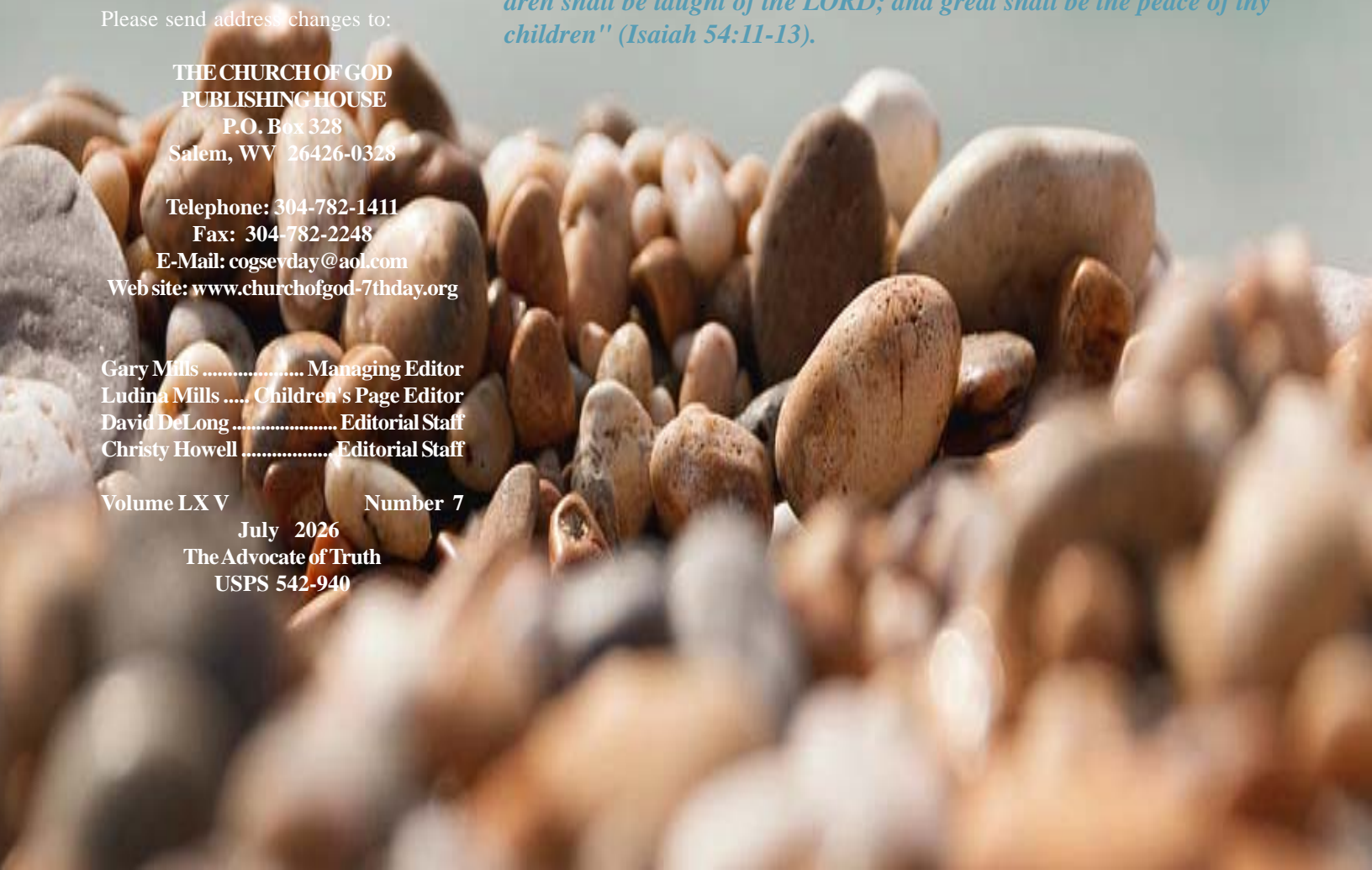
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Cover Picture -

Lake McDonald in Glacier National Park Montana

"O thou afflicted, tossed with tempest, and not comforted, behold, I will lay thy stones with fair colours, and lay thy foundations with sapphires. And I will make thy windows of agates, and thy gates of carbuncles, and all thy borders of pleasant stones. And all thy children shall be taught of the LORD; and great shall be the peace of thy children" (Isaiah 54:11-13).



SPEAKING IN TONGUES

A SIGN

By David Royer

The Church of God (7th Day) accepts the ultimate authority of the Word of God and concludes that “Speaking in Tongues” or the “Gift of Tongues” refers to a supernatural ability (miracle) for a person to speak in foreign languages they have never studied. This miracle is a divinely bestowed gift of the Holy Spirit. “For to one is given by the Spirit the word of wisdom; to another the word of knowledge by the same Spirit; To another faith by the same Spirit; to another the gifts of healing by the same Spirit; To another the working of miracles; to another prophecy; to another discerning of spirits; to another divers kinds of tongues; to another the interpretation of tongues:” (I Corinthians 12:8-10)

There are incidences in the New Testament where “speaking in tongues” was for a special purpose and a significant sign or implication. The second chapter in the book of Acts describes the first episode during the Jewish festival of Pentecost, where Jesus’ apostles received the Holy Spirit and the gift of speaking in diverse tongues.

Pentecost occurred on the fiftieth day after Passover and celebrated the new harvest of grains, typically barley and wheat. Verses 1-11 gives a detailed overview of events, but notice: “And they were all filled with the Holy Ghost, and began to speak with other tongues, as the Spirit gave them utterance. And there were dwelling at Jerusalem Jews, devout men, out of every nation under heaven. Now when this was noised abroad, the multitude came together, and were confounded, because that every man heard them speak in his own language. And they were all amazed and marvelled, saying one to another, Behold, are not all these which speak Galilaeans? And how hear

we every man in our own tongue, wherein we were born?” (Acts 2:4-8)

“Speaking in tongues” at Pentecost provided several signs and implications, including:

- It confirmed Jesus’ words that the Apostles would receive the Holy Spirit and special gifts to glorify God’s name to all nations. (see Acts 1:8)
- The “gift of tongues” allowed the Gospel to be spread to all nations and bring believers closer together. “Then they that gladly received his word were baptized: and the same day there were added unto them about three thousand souls.” (Acts 2:41)
- This supernatural manifestation validated the Apostles’ authority and the Gospel message to Jewish disciples.

Another incident recorded in the New Testament, where “speaking in tongues” occurred, was during the conversion of Cornelius, a Roman Centurion in the Italian Regiment. The background and details of this episode are provided in Acts 10:1 through Acts 11:18. But notice:

“While Peter yet spake these words, the Holy Ghost fell on all them which heard the word. And they of the circumcision which believed were astonished, as many as came with Peter, because that on the Gentiles also was poured out the gift of the Holy Ghost. For they heard them speak with tongues, and magnify God. Then answered Peter, Can any man forbid water, that these should not be baptized, which have received the Holy Ghost as well as we?” Acts 10:44-47

Signs and implications:

- The Holy Spirit descended on the assembled Gentiles as God had done to the Apostles on Pentecost. The “gift of tongues” was given to them as well.
- The “gift of tongues” convinced Peter’s accompanying Jewish delegation and later the Church headquarters in Jerusalem to accept Gentiles into fellowship.
- God used “tongues” to overcome human prejudice and open the Gentile mission.
- Experiencing “speaking in tongues” at Cornelius’ conversion has been called the Pentecost of the Gentiles.

The third and last “speaking in tongues” event recorded in the Book of Acts was during the rebaptism of a dozen Jewish Converts and disciples of John the Baptist, not Jesus. They lived in Ephesus, the capital city of Asia province of the Roman Empire; a significant center of trade, located near a major harbor and had many connecting roads throughout Asia Minor. (now part of Turkey).

On a missionary trip to Ephesus, Paul met with this questionable religious sect and learned: “He (Paul) said unto them, Have ye received the Holy Ghost since ye believed? And they said unto him, We have not so much as heard whether there be any Holy Ghost. And he said unto them, Unto what then were ye baptized? And they said, Unto John’s baptism. Then said Paul, John verily baptized with the baptism of repentance, saying unto the people, that they should believe on him which should come after him, that is, on Christ Jesus.” (Acts 19:2-4)

Here is where the “gift of tongues” is received: “When they heard this, they were baptized in the name of the Lord Jesus. And when Paul had laid his hands upon them, the Holy Ghost came on them; and they spake with tongues, and prophesied.” (Acts 19:5-6)

Signs and implications:

- This is the first occasion of “laying on with hands” in prayer for receipt of the Holy Spirit. Today,

our Church’s Baptism guidelines include this procedure.

- Paul was convinced that the disciples believed in Jesus and accepted Him as their Savior.
- The receipt of the Holy Spirit coming upon these men with gifts validated Paul’s message.
- The “gift of tongues” overcame human resistance and prejudice at Ephesus, just as in Caesarea and Jerusalem.

I would like to believe that these examples of “speaking in tongues” further spread the Gospel worldwide with the use of their gift. But I cannot be sure. Other than the Apostles at Pentecost, the Bible does not tell how or what happened with this bestowed miracle. We do know this supernatural gift provided valuable signs for those involved in these historic events and our edification today.

SEVEN FACTS ABOUT ANGELS

By David Royer

1. Angels were created as spiritual beings by the Lord sometime before Eve’s interaction with “that old serpent, called the Devil” (Rev. 12:9). Although Angels have no physical bodies, they can take on different forms, including human-like appearances or unusual and frightening features (described but not seen).

“For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:” (Colossians 1:16)

2. Angels have free will. Most are depicted as righteous intermediate entities between God and humanity, serving as messengers, protectors, and guides. However, some angels, like Satan, have chosen to disobey God and become fallen angels (demons).

3. Angels are not omnipresent. Unlike God, who is omnipresent (in all places at all times and everywhere at

once), angels are finite creatures and can only be in one place at a time. This limitation is evident in Daniel 10:12-14, where an angel tells Daniel that Michael, another chief prince, came to help him after he was delayed for 21 days by the satanic spiritual prince of the Persian kingdom.

4. Angels have a hierarchical structure: The Bible mentions different types of angels, such as seraphim (Isaiah 6:1-8), cherubim (Genesis 3:24, Ezekiel 10:20-22), and archangel Michael (Jude 1:9). This suggests a hierarchical structure among angels, with different ranks and responsibilities. Humanity ranks “a little lower than the angels”. (see Hebrews 2:6-7)

5. Angels can fly: The Bible describes angels as having the ability to fly. In Daniel 9:21, Gabriel comes to Daniel by “being caused to fly swiftly” about the time of the evening sacrifice. Similarly, Revelation 14:6 mentions an angel flying through the sky: “And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people,”

6. Angels are not to be worshiped. While humans may mistake angels for God and attempt to worship them, angels themselves reject this and instruct humans to worship God alone. John reveals in Revelation 19:10: “And I fell at his feet to worship him. And he said unto me, See thou do it not: I am thy fellowservant, and of thy brethren that have the testimony of Jesus: worship God: for the testimony of Jesus is the spirit of prophecy.”

7. Angels are numerous. The Bible describes an incalculable number of angels, with Psalm 68:17 mentioning: “The chariots of God are twenty thousand, even thousands of angels.” Hebrews 12:22 also speaks of “an innumerable company of angels,” in a joyful assembly. Revelation 5:11 says: “And I beheld, and I heard the voice of many angels round about the throne and the beasts and the elders: and the number of them was ten thousand times ten thousand, and thousands of thousands;”

These facts provide a glimpse into the nature and role of angels in the Bible, highlighting their limitations, abilities, and relationships with God and humanity.

The Mercies Of God

*by Bibi Shimoon Allicock
Guyana South America*

The mercies of God that greet us in the morning could never be numbered. They may be more than the stars in heaven or the sand on the seashore. They follow us day by day and keep us throughout the night. That is why when there was only one set of footprints on the sand, a certain individual supposedly asked Jesus, why He left him when he was in dire need and could not walk. Jesus told him that was when He was carrying him in His arms. In the Scriptures are recorded many miracles performed by Jesus, through His Father, and the disciples did the same when Jesus was not there. Even today many miracles are still being performed when necessary. By the mercies of God the blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised up, and the poor have the Gospel preached to them (see Matthew 11:5). How all these things were done in Jesus' days can be done today because the Lord Jesus Christ is the same yesterday, and today, and for ever. Many of us were healed from different ailments.

The mercies of God are so infinite that we cannot fathom how lovingly He helps us to maneuver situations and crises that befall us. At times we can simply stand back and say, "Wow!" only Almighty God can do such and such things. When we look at the children of Israel when they were by the Red Sea, the wilderness was on one side, the Philistines on another, the Red Sea on another side, and the Egyptians were pursuing, so God chose to part the Red Sea miraculously so that many might see and honour His wonderful name. Although the land of the Philistines was closer, God didn't want the Israelites to be in battle because the people might repent and return to Egypt, although He could make them win battles anywhere and in any situation. Crossing over the Red Sea on dry ground would seem impossible to man, but God made it remarkably possible. "And when Pharaoh drew nigh, the children of Israel lifted up their eyes, and, behold, the

Egyptians marched after them; and they were sore afraid: and the children of Israel cried unto the LORD...And Moses said unto the people, Fear ye not, stand still, and see the salvation of the LORD, which he will shew to you to day: for the Egyptians whom ye have seen to day, ye shall see them again no more for ever. The LORD shall fight for you, and ye shall hold your peace" (Exodus 14:10,13-14).

Almighty God's mercies and compassion are overwhelming towards His people. Those people are the apple of His eye as mentioned in the book of Deuteronomy. "For the LORD'S portion is his people; Jacob is the lot of his inheritance. He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, he kept him as the apple of his eye. As an eagle stirreth up her nest, fluttereth over her young, spreadeth abroad her wings, taketh them, beareth them on her wings: So the LORD alone did lead him..." When anyone touches the apple of God's eye, as Jesus said, when someone offends a child of God, it were better that a millstone be hanged about his neck, and that he were drowned in the depth of the sea. So here we see that the Egyptians were drowned in the depth of the sea, because they wanted to bring back the children of Israel to labour with rigour for them, but God said, No! not ever again. "And Moses stretched out his hand over the sea; and the LORD caused the sea to go back by a strong east wind all that night, and made the sea dry land, and the waters were divided. And the children of Israel went into the midst of the sea upon the dry ground: and the waters were a wall unto them on their right hand, and on their left. And the Egyptians pursued, and went in after them to the midst of the sea, even all Pharaoh's horses, his chariots, and his horsemen...And Moses stretched forth his hand over the sea, and the sea returned to his strength when the morning appeared; and the Egyptians fled against it; and the LORD overthrew the Egyptians in the midst of the sea" (Deuteronomy 32:9-12, first part; Exodus 14:21-23,27).

Also God showed great mercy upon the children of Israel when the Egyptians pursued after them, and they were left stranded by the Red Sea. He sent an angel to guard them so that it was total darkness to the Egyptians, but it was light in the night for the children of Israel. "And the angel of God, which went before the camp of Israel, removed and went behind them; and the pillar of the cloud went from before their face, and stood behind them: And

it came between the camp of the Egyptians and the camp of Israel; and it was a cloud and darkness to them, but it gave light by night to these: so that the one came not near the other all the night" (Exodus 14:19-20).

After Saul did much evil to the people of God and had gotten letters from the high priest to bound all that call on the name of Jesus who worshipped in the right and true way, God's mercies were upon him and the Lord rebuked him for doing such. Thus, after he was converted and was preaching and teaching the true doctrine of Christ, many Pharisees and Sadducees were against him, but as he continued reasoning with them we find, "And when there arose a great dissension, the chief captain, fearing lest Paul should have been pulled in pieces of them, commanded the soldiers to go down, and to take him by force from among them, and to bring him into the castle. And the night following the Lord stood by him, and said, Be of good cheer, Paul: for as thou hast testified of me in Jerusalem, so must thou bear witness also at Rome" (Acts 23:10-11).

As the Lord told him how great things he must suffer for His name, yet through the great mercies of God he was delivered from them all. He went through perils everywhere he went but came out of them miraculously. "And when it was day, certain of the Jews banded together, and bound themselves under a curse, saying that they would neither eat nor drink till they had killed Paul...And when Paul's sister's son heard of their lying in wait, he went and entered into the castle, and told Paul...Then the chief captain took him by the hand, and went with him aside privately, and asked him, What is that thou hast to tell me? And he said, The Jews have agreed to desire thee that thou wouldest bring down Paul to morrow into the council, as though they would enquire somewhat of him more perfectly. But do not thou yield unto them:..." We see here the young man was able to speak unto the chief captain without an appointment. We know that without an appointment one cannot go into those in authority, but only when God's mercies be upon them then certain things can be accomplished. When we look at the entourage that had to accompany Paul to the Governor, we can only conclude that it was the hand of Almighty God that was leading such a company. "So the chief captain then let the young man depart, and charged him, See thou tell no man that thou hast shewed these things to me. And he called unto him two centurions, saying, Make ready

two hundred soldiers to go to Caesarea, and horsemen threescore and ten, and spearmen two hundred, at the third hour of the night; And provide them beasts, that they may set Paul on, and bring him safe unto Felix the governor" (Acts 23:12,16,19-21, first part,22-24).

We see here when God is for us no man can be against us, because despite the situation, although it may seem impossible with men, it will always be remarkably possible with God. In the book of Samuel we can see that "...the child Samuel grew on, and was in favour both with the LORD, and also with men." The Psalmist declared: The mercies of God endure for ever. But as children of God we have to be obedient for God's mercies to be upon us. Paul had to get an entourage to accompany him because of that situation. But when Sennacherib, king of Assyria, sent a letter to Hezekiah, king of Judah, claiming he was coming to war against him, and that no god can save him, because no gods could deliver the other kingdoms from his hand, that Hezekiah should not deceive the Israelites that the God of heaven could and would deliver them. But definitely the God of heaven can and will deliver when the time is right. And so He did fight the battle for Israel with one single angel. "And Hezekiah received the letter of the hand of the messengers, and read it: and Hezekiah went up into the house of the LORD, and spread it before the LORD. And Hezekiah prayed before the LORD, and said, O LORD God of Israel, which dwellest between the cherubims, thou art the God, even thou alone, of all the kingdoms of the earth; thou hast made heaven and earth. LORD, bow down thine ear, and hear: open, LORD, thine eyes, and see: and hear the words of Sennacherib, which hath sent him to reproach the living God. Of a truth, LORD, the kings of Assyria have destroyed the nations and their lands, And have cast their Gods into the fire: for they were no gods, but the work of men's hands, wood and stone: therefore they have destroyed them. Now therefore, O LORD our God, I beseech thee, save thou us out of his hand, that all the kingdoms of the earth may know that thou art the LORD God, even thou only...Therefore thus saith the LORD concerning the king of Assyria, He shall not come into this city, nor shoot an arrow there, nor come before it with shield, nor cast a bank against it. By the way that he came, by the same shall he return, and shall not come into this city, saith the LORD. For I will defend this city, to save it, for mine own sake, and for my servant David's sake. And

it came to pass that night, that the angel of the LORD went out, and smote in the camp of the Assyrians an hundred fourscore and five thousand: and when they arose early in the morning, behold, they were all dead corpses. So Sennacherib king of Assyria departed, and went and returned, and dwelt at Nineveh. And it came to pass, as he was worshipping in the house of Nisroch his god, that Adrammelech and Sharezer his sons smote him with the sword:" (I Samuel 2:26; II Kings 19:14-19,32-37, first part).

Here we see the mercies of God were granted as spoken by the Psalmist, declaring: "O give thanks unto the LORD; for he is good: for his mercy endureth for ever...To him who alone doeth great wonders: for his mercy endureth for ever" (Psalm 136:1,4). Let us all thank God for His mercies. Amen.

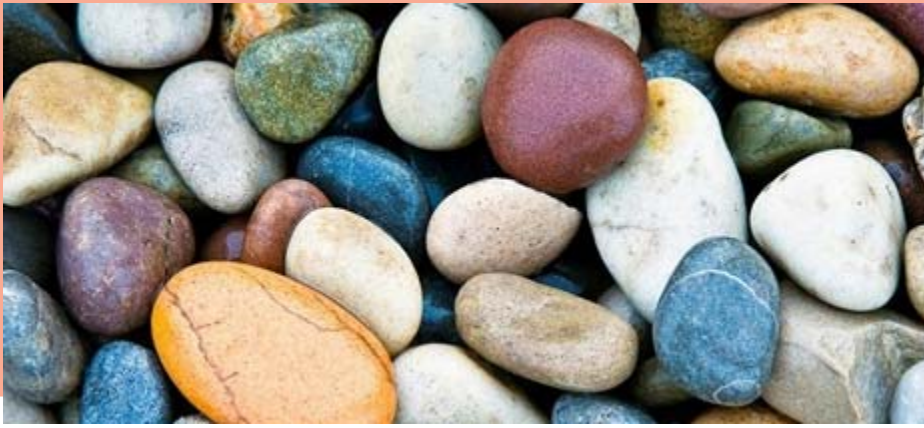
My Sins Are Mortified!

I thought my sins were on the cross,
For this, I truly tried;
But just the other day I learned
My heart was full of pride.

I hoped to put my "old man" down,
And let him be denied;
I wanted him with Christ, my Lord
To be, then, crucified.

But I could not do it on my own,
So to the Lord I cried;
He helped me overcome, and let
My sins be mortified.





Submitting To Authority

By David DeLong

In the Church, someone who is in authority should never force their authority upon another member in the Church. The Lord has set things up in the Church so that members are to come under authority of their own volition. We see an example of this in the book of Galatians, chapter two, verses 11-14, where the Apostle Paul rebuked the Apostle Peter for not setting the correct example. "But when Peter was come to Antioch, I withstood him to the face, because he was to be blamed. For before that certain came from James, he did eat with the Gentiles: but when they were come, he withdrew and separated himself, fearing them which were of the circumcision. And the other Jews dissembled likewise with him; insomuch that Barnabas also was carried away with their dissimulation. But when I saw that they walked not uprightly according to the truth of the gospel, I said unto Peter before them all, If thou, being a Jew, livest after the manner of Gentiles, and not as do the Jews, why compellest thou the Gentiles to live as do the Jews?"

The Apostle Peter apparently received this rebuke from the Apostle Paul, thereby putting himself under the authority of Paul. It is not always an easy thing to put yourself under the authority of someone who has made you mad, or with someone with whom you may disagree. But it is the will of the Lord for us to voluntarily submit ourselves to His appointed authority. To not do so is to rebel against the Lord, Himself.

Even husbands are not to force their authority upon their wives. Yes, the Apostle Paul writes that the wife is to be subject to her own husband. Ephesians 5:22-24 says: "Wives, submit yourselves unto your own husbands, as

unto the Lord. For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body. Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing." Yet, verse 25 states: "Husbands, love your wives, even as Christ also loved the church, and gave himself for it". Christ never forced His authority upon anyone, much less upon the members of His Church.

King David was an admirable example of not enforcing his authority upon his subjects. In II Samuel 16:5-12 we see an example of this: "And when king David came to Bahurim, behold, thence came out a man of the family of the house of Saul, whose name was Shimei, the son of Gera: he came forth, and cursed still as he came. And he cast stones at David, and at all the servants of king David: and all the people and all the mighty men were on his right hand and on his left. And thus said Shimei when he cursed, Come out, come out, thou bloody man, and thou man of Belial: The LORD hath returned upon thee all the blood of the house of Saul, in whose stead thou hast reigned; and the LORD hath delivered the kingdom into the hand of Absalom thy son: and, behold, thou art taken in thy mischief, because thou art a bloody man. Then said Abishai the son of Zeruiah unto the king, Why should this dead dog curse my lord the king? let me go over, I pray thee, and take off his head. And the king said, What have I to do with you, ye sons of Zeruiah? so let him curse, because the LORD hath said unto him, Curse David. Who shall then say, Wherefore hast thou done so? And David said to Abishai, and to all his servants, Behold, my son, which came forth of my bowels, seeketh my life: how

much more now may this Benjamite do it? let him alone, and let him curse; for the LORD hath bidden him. It may be that the LORD will look on mine affliction, and that the LORD will requite me good for his cursing this day."

King David had the right to punish Shimei for cursing him, but David put the situation into the Lord's hands. What a tremendous example for us! So many times we want to enforce our authority upon those under us, especially if they have hurt us. But we need to let the Lord handle the situation, too.

Refusing to Submit to Authority

Refusing to submit to authority causes a situation known as a carnal Christian. A minister one time preached that there is no such thing as a carnal Christian. He went on to say that a person is either a Christian or is not, and there can be no "carnal" to it. However, in I Corinthians 3:1-10 we read differently. These verses read: "And I, brethren, could not speak unto you as unto spiritual, but as unto carnal, even as unto babes in Christ. I have fed you with milk, and not with meat: for hitherto ye were not able to bear it, neither yet now are ye able. For ye are yet carnal: for whereas there is among you envying, and strife, and divisions, are ye not carnal, and walk as men? For while one saith, I am of Paul; and another, I am of Apollos; are ye not carnal? Who then is Paul, and who is Apollos, but ministers by whom ye believed, even as the Lord gave to every man? I have planted, Apollos watered; but God gave the increase. So then neither is he that planteth any thing, neither he that watereth; but God that giveth the increase. Now he that planteth and he that watereth are one: and every man shall receive his own reward according to his own labour. For we are labourers together with God: ye are God's husbandry, ye are God's building. According to the grace of God which is given unto me, as a wise masterbuilder, I have laid the foundation, and another buildeth thereon. But let every man take heed how he buildeth thereupon."

These verses definitely state that not only is there such a thing as a carnal Christian, but the example given here is of Christians being in "envying, and strife, and divisions" and walking as men. Furthermore, in I Corinthians 1:10-17 Paul admonishes the brethren not to have such divisions. "Now I beseech you, brethren, by the name of our Lord Jesus Christ, that ye all speak the same thing, and

that there be no divisions among you; but that ye be perfectly joined together in the same mind and in the same judgment. For it hath been declared unto me of you, my brethren, by them which are of the house of Chloe, that there are contentions among you. Now this I say, that every one of you saith, I am of Paul; and I of Apollos; and I of Cephas; and I of Christ. Is Christ divided? was Paul crucified for you? or were ye baptized in the name of Paul? I thank God that I baptized none of you, but Crispus and Gaius; Lest any should say that I had baptized in mine own name. And I baptized also the household of Stephanas: besides, I know not whether I baptized any other. For Christ sent me not to baptize, but to preach the gospel: not with wisdom of words, lest the cross of Christ should be made of none effect."

Probably every disciple of the Lord Jesus has a favorite preacher or example of a person that he or she looks up to. And that is not a bad thing. However, we must never call ourselves a disciple of that individual, for we can only be disciples of our Lord Jesus. Doing so will inevitably cause divisions within the body of Christ. And that will make us a carnal Christian.

There is a limit to which God will tolerate carnality in His children. In I Corinthians chapter 3 Paul wrote: "Every man's work shall be made manifest: for the day shall declare it, because it shall be revealed by fire; and the fire shall try every man's work of what sort it is. If any man's work abide which he hath built thereupon, he shall receive a reward. If any man's work shall be burned, he shall suffer loss: but he himself shall be saved; yet so as by fire" (verses 13-15). In this case, a person still can be saved. However, in Galatians 5:19-21 we read: "Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, Envyings, murders, drunkenness, revellings, and such like: of the which I tell you before, as I have also told you in time past, that they which do such things shall not inherit the kingdom of God." To be involved in this carnality a person will be condemned.

The Answer: Mortify the Flesh!

The word "mortify" means to put to death! Just as Jesus was nailed to the cross, and just as the old law of Moses was nailed to the cross, we must let our old sin nature also be nailed to the cross. Colossians 3:1-5 reads:

"If ye then be risen with Christ, seek those things which are above, where Christ sitteth on the right hand of God. Set your affection on things above, not on things on the earth. For ye are dead, and your life is hid with Christ in God. When Christ, who is our life, shall appear, then shall ye also appear with him in glory. Mortify therefore your members which are upon the earth; fornication, uncleanness, inordinate affection, evil concupiscence, and covetousness, which is idolatry:"

Verses 8-10 furthers this thought: "But now ye also put off all these; anger, wrath, malice, blasphemy, filthy communication out of your mouth. Lie not one to another, seeing that ye have put off the old man with his deeds; And have put on the new man, which is renewed in knowledge after the image of him that created him:" Actually, we must be fully submitted to the Lord's authority before we can be under the authority of those appointed by the Lord to be over us.

It has been said that of the two natures within a child of God (old man and new man), the nature which is fed is the one that will prevail. That's why we are told in Colossians 3 to "Set your affection on things above, not on things on the earth". Doing so will nourish our new man and it will then prevail. Starving the old man, with the Lord's help, will put it to death. It will be mortified.

Romans 6, verses 1-2 and verses 16-18 informs us:

"What shall we say then? Shall we continue in sin, that grace may abound? God forbid. How shall we, that are dead to sin, live any longer therein?...Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey; whether of sin unto death, or of obedience unto righteousness? But God be thanked, that ye were the servants of sin, but ye have obeyed from the heart that form of doctrine which was delivered you. Being then made free from sin, ye became the servants of righteousness."

Someone might say, "I'm having a hard time mortifying my old man. What can I do?" You cannot completely mortify the

old man by yourself. The Spirit of God must help you. Some things you can do, however, are: "But thou, O man of God, flee these things; and follow after righteousness, godliness, faith, love, patience, meekness. Fight the good fight of faith, lay hold on eternal life, whereunto thou art also called, and hast professed a good profession before many witnesses." You can also pray and fast. But as was said, you must have God's Spirit to help you. Romans 8:9-13 reads: "But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his. And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness. But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. Therefore, brethren, we are debtors, not to the flesh, to live after the flesh. For if



ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live."

Placing ourselves under authority is one of the most humbling of experiences that we can be involved in, whether it be to the Lord or to man. But every disciple of the Lord must do so, whether he is an apostle or just a church member. We saw where even the Apostle Peter had to place himself under the authority of the Apostle Paul for disciplinary measures.

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Church of God 7th Day

LESSON I

ISRAELITES MURMUR AGAINST MOSES

Scripture Reading: Exodus 15:22-27.

Golden Text: Exodus 15:24.

"And the people murmured against Moses, saying, what shall we drink?"

1. After Moses brought the children of Israel through the Red Sea, where did they travel? Exodus 15:22.
2. Why could they not drink of the water at Marah? Exodus 15:23.
3. What did they do against Moses? Exodus 15:24.
4. Moses could only seek the Lord for help. What did the Lord show Moses? Exodus 15:25.
5. What more did the Lord tell them in Exodus 15:26?
6. What place did they come to next? What did they find there? Exodus 15:27.

LESSON II

ISRAELITES MURMUR FOR WANT OF BREAD

Scripture Reading: Exodus 16:1-19.

Golden Text: Exodus 16:4 (first part).

"Then said the LORD unto Moses, Behold, I will rain bread from heaven for you...."

1. After the children of Israel left Elim, where did they go? Exodus 16:1.
2. Who murmured against Moses and Aaron, and what did they say? Exodus 16:2-3.
3. What did the Lord tell Moses He would do for them? Exodus 16:4-5.

4. What did the Lord promise Moses He would give them to eat? Exodus 16:8.
5. As Aaron was speaking to the congregation, what appeared in a cloud, and what was spoken unto Moses? Exodus 16:9-12.
6. What came upon the camp that evening? Exodus 16:13.
7. When the dew was gone up, what lay on the ground? Exodus 16:14-15.
8. How much were they to gather? Exodus 16:16-18.
9. What were they not to do with it? Exodus 16:19.

LESSON III

THE MANNA NOT FOUND ON THE SABBATH

Scripture Reading: Exodus 16:20-36.

Golden Text: Exodus 16:25.

"And Moses said, Eat that today; for today is a sabbath unto the LORD: today ye shall not find it in the field."

1. Did some not obey Moses in the gathering of the manna? What happened to that which was left until the morning? Exodus 16:20-21.
2. How much were they to gather on the sixth day and why? Exodus 16:22-23.
3. Was there to be any manna to gather on the Sabbath? Exodus 16:24-25.
4. Did some go out on the Sabbath to gather, and what happened? Exodus 16:27.
5. What did Moses tell the people they must do on the Sabbath day? Exodus 16:29.

6. What had the Lord commanded Moses to do in Exodus 16:32? What did Moses then command Aaron to do? Exodus 16:33-34.

7. How long did the children of Israel eat manna? Exodus 16:35.

LESSON IV

AMALEK IS OVERCOME

Scripture Reading: Exodus 17:1-16.

Golden Text: Exodus 17:11.

"And it came to pass, when Moses held up his hand, that Israel prevailed: and when he let down his hand, Amalek prevailed."

1. In what country had the children of Israel journeyed? Did they find water to drink there? Exodus 17:1.
2. Did the people again murmur against Moses for want of water? Exodus 17:2-3.
3. Moses cried unto the Lord, and what did the Lord instruct Moses to do? Exodus 17:5-6.
4. What did they name this place and why? Exodus 17:7.
5. Amalek came and fought with Israel in Rephidim. What did Moses tell Joshua to do? Exodus 17:8-10.
6. Joshua fought with Amalek. What did Moses do on top of the hill? Exodus 17:11-12.
7. Did Joshua discomfit Amalek? Exodus 17:13-14.
8. Moses built an altar. What did he call it and why? Exodus 17:15-16.

Answers to Make Your Own Suit of Armor:

1. salvation 2. righteousness 3. truth
4. gospel 5. faith 6. spirit word

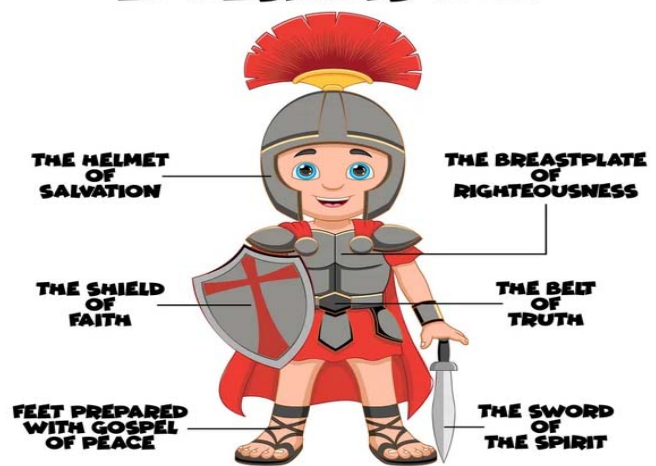
Answers to Bible Children page 14: 1. David 2. Benjamin
3. Esther 4. Joash 5. Solomon 6. Esau 7. Rhoda
8. Absalom 9. Daniel 10. Abel 11. Joseph 12. Reuben
13. Josiah 14. Isaac 15. Miriam 16. Moses

MAKE YOUR OWN SUIT OF ARMOR

In the days of old, when knights were bold and went off to try to rescue the Holy Land from the infidels who then held it, they took a coat of armor along to protect them when fighting their battles. You would find one of their suits of armor awkward and rather heavy. However, you can make yourself a most useful and effective suit of armor, exactly your own size and weight to wear as you fight your battles to keep your land a holy land. Paul calls it the "...armor of God, that ye may be able to withstand in the evil day..." (Ephesians 6:13). Fill the blanks in the following texts, and you will have a suit of armor that will last a lifetime if you keep it bright and shiny by constant use.

1. "A helmet of _____ upon his head." Isaiah 59:17.
2. "He put on _____ as a breastplate." Isaiah 59:17.
3. "Having your loins girt about with _____." Ephesians 6:14.
4. "And your feet shod with the preparation of the _____ of peace." Ephesians 6:15.
5. Your shield may be either (a) "The shield of _____, wherewith ye shall be able to quench all the fiery darts of the wicked" (Ephesians 6:16, or (b) "His _____ shall be thy shield and buckler" (Psalm 91:4).
6. "And the sword of the _____, which is the _____ of

**ARMOR OF GOD
EPHESIANS 6:10**





Often a boy or girl asks the question, "How can I get acquainted with God so that I may know Him?" A little girl recently told me, "I try to get to know Him so that I can get my sins forgiven, but I don't know how."

The question is: How can a boy or girl get to know the Lord and grow into an increasing knowledge of Him? You do it the same way that you would get acquainted with another boy or girl. If you desire to make friends with someone, you spend much time in his or her company. You learn their ways and their likes and dislikes.

If something wrong happens at school and your school friend should be blamed, you will quickly come to his rescue. And because you understand the character of your friend so well, you know that he could not do a wrong thing.

We do not in a day, or week, or even in a month gain such a knowledge of our friends, but it takes constant companionship with them to know what they would do in different circumstances. This is easily understood in human friendship, but if we would know the divine friendship of

Christ and the knowledge of Him, we must spend much time with Him, too, the same as we do our earthly friends. We can do this by prayer and by spending much time with God. We should pray at regular times daily, and we can pray when resting or walking.

Learning to be alone with God, even in crowds, and using every unoccupied moment thanking Him, will cause you to become more and more acquainted with Him. You cannot learn to be alone with God in

one day, but after a while it becomes a habit like being with a faithful friend.

Begin the habit now. Thank Him for everything He does for you. Ask Him to guide you in all things that you do and study His Word to know what He has to say to you.

If you spend much time alone with God, you will become well acquainted with Him. You will find He is a faithful friend who will never fail you.

BIBLE CHILDREN

Who are these Bible children? If you do not know by the clue, please look up the Bible text given.

1. A shepherd boy who slew a giant. (I Samuel 17:49).
2. Joseph's youngest brother. (Genesis 24:18)
3. A beautiful orphan girl who became a Persian queen. (Ester 2:7-17)
4. His aunt hid him in a bedchamber. (II Kings 11:2-3)
5. The Lord gave him a wise and discerning mind. (I Kings 3:10-13)
6. Jacob's twin brother. (Genesis 25:26)
7. Maid who came to the gate when Peter knocked. (Acts 12:13)
8. In all of Israel there was none so praised for his beauty. (II Samuel 14:25)
9. He refused to eat the king's meat, nor drink of his wine. (Daniel 1:8)
10. Second son of Adam and Eve. (Genesis 4:2)
11. He was sold into slavery by his brothers. (Genesis 37:28)
12. First born of Israel. (I Chronicles 5:1)
13. He became king of the Israelites when he was only eight years old. (II Kings 22:1)
14. Abraham's son. (Genesis 22:2)
15. Sister of Aaron and Moses. (Exodus 15:20)
16. A Hebrew child reared as a son Pharaoh's daughter. (Exodus 2:10)



FORTY OLD TESTAMENT PERSONALITIES

Here is a list of the names of forty people chosen from the Bible, stories of the Old Testament. Most are well-known. All of the names are hidden in the puzzle.

Aaron	B	L	C	E	S	A	U	N	I	A	C	D	A	N	L	W
Abel	P	N	E	X	O	U	I	M	V	Q	E	Y	O	B	E	D
Abram	A	C	P	B	M	M	O	C	B	M	L	R	H	A	O	N
Adam	K	I	O	E	A	R	D	U	O	W	A	L	C	B	J	A
Amos	A	P	Z	J	R	A	A	R	Q	A	X	R	D	O	M	X
Barak	R	R	N	B	E	G	D	H	E	P	I	Q	B	V	H	E
Benjamin	A	E	D	F	H	E	S	A	M	U	E	L	U	A	D	C
Boaz	B	E	L	A	C	G	C	L	M	E	K	P	I	O	M	T
Cain	O	C	H	A	J	B	L	F	R	B	S	M	T	C	I	O
Caleb	A	H	I	L	E	K	H	C	L	O	E	N	A	B	A	L
Dan	Z	E	P	H	A	N	I	A	H	R	H	N	D	Q	E	U
Daniel	G	Z	F	K	E	M	G	P	E	M	D	A	V	I	D	A
David	R	E	U	B	E	N	O	J	W	D	G	M	N	C	H	S
Eli	B	K	J	B	H	L	E	O	A	P	T	A	I	S	D	O
Esau	D	I	U	J	M	H	V	G	W	C	D	H	A	M	F	L
Ezekiel	F	A	E	P	U	Y	I	M	B	N	O	X	E	O	L	O
Ezra	S	H	E	M	B	D	E	C	I	R	U	B	J	B	I	M
Gad	B	J	F	K	E	O	A	H	A	N	O	J	G	V	C	O
Gideon	G	H	C	O	K	G	L	H	F	P	B	W	E	K	B	N
Ham	D	L	N	F	M	B	T	Q	J	E	Z	E	K	I	E	I
Haman																
Hezekiah																
Jacob																
Jehu																
Jeremiah																
Job																
Joel																
Jonah																
Judah																
Laban																
Lot																
Mordecai																
Noah																
Obed																
Reuben																
Samuel																
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